



MY CAFÉ

MANUKA

NIGHT MENU

AFTERNOON TEA & DINNER from 4.00pm

TOASTED PANINIS OR SANDWICHES

WHOLEMEAL, WHITE, SOURDOUGH OR GLUTEN FREE

available all day served with garnish salad

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| GILES | 12.0 |
| roast pumpkin, lemnos fetta, pine nuts, rocket, semi dried tomato (v) | |
| KENNEDY | 14.9 |
| smoked salmon, iceberg lettuce, cream cheese, capers, Spanish onion, avocado | |
| MONARO | 12.5 |
| turkey breast, iceberg lettuce, avocado, Jarlesberg cheese & cranberry | |
| JANTZ | 12.0 |
| oven roasted chicken breast, rocket, hommus & grilled zucchini | |
| GRANT | 12.5 |
| Prager leg ham, Jarlsberg cheese, vine tomato, Spanish onion & relish | |

SNACKS & SHARED PLATES

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| MARINATED STUFFED GREEN OLIVES | 11.5 |
| with dukkah spice, two dips and Turkish bread (v) | |
| EDANAME SOY BEANS | 8.5 |
| served in the pod sprinkled with salt and pepper (vgn) | |
| VEGETARIAN NACHOS (v, gf) | 12.5 |
| with beef | 14.5 |
| BRUSCHETTA | 18.0 |
| Italian style toasted topped with warm tomato, basil, balsamic and a drizzle of truffle infused Fedra olive oil (v) | |
| THREE CHEESES | 18.0 |
| with grissini and spiced vine tomato and prosciutto..... | 18.0 |
| THAI CHICKEN SKEWERS (3) | 11.9 |
| with satay sauce & lime | |
| SWEET CHILLI PRAWN SKEWERS (3) | 12.9 |
| with lime wedges chat potato wedges spiced with sweet chilli & sour cream..... | 9.0 |

GOURMET BURGERS

fresh made in house using quality gourmet fillings, and served with classic shoestring fries

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| CLASSIC BEEF BURGER | 19.0 |
| black Angus beef mince, on lettuce sliced tomato, beetroot, caramelised onion and cheddar with spicy tomato relish add bacon and egg | 21.5 |
| CHICKEN BREAST BURGER | 19.5 |
| grilled marinated chicken breast, lettuce, avocado, Jarlesburg cheese, jalopenos and a spicy mayo | |
| MOROCCAN | 21.0 |
| spiced lamb fillets, hommus, baby spinach, roast capsicums, red onion and chilli or as vegan with no lamb grilled spiced tofu..... | 18.5 |
| KAKADU | 21.0 |
| kangaroo tenderloins marinated with bush herbs grilled and served on lettuce, sliced tomato, cucumbers, caramelised onion and BBQ sauce | |
| PULLED PORK BURGER | 19.0 |
| slow roasted with traditional slaw and sour cream | |
| VEGIE BURGER | 18.5 |
| our homemade spiced lentil & macadamia burger topped with guacamole & salad (v) | |

DINNER from 5.00pm

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| SOUP OF THE DAY | 12.5 |
| served with sourdough toast | |
| GARLIC PRAWNS | 22.5 |
| served with steamed rice and crusty Italian bread | |
| FISH AND CHIPS | 22.5 |
| crumbed flathead fillets with salad greens shoestring fries and aioli (gf) | |
| CLUB SANDWICH | 19.0 |
| grilled turkey breast, bacon sliced tomato, cos lettuce, aioli and shoestring fries | |
| CALAMARI | 21.0 |
| seasoned with rocksalt and pepper, fried then tossed through rocket and shaved parmesan with side spicy mayo (v) | |
| OPEN STEAK SANDWICH | 21.0 |
| veal eye round grilled and served on cos lettuce, fresh sliced tomato, with cheddar and caramelised onion and our BBQ sauce on sourdough toast with crispy fries | |

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| SPICY WARM CHICKEN SALAD | 21.9 |
| marinated with fresh coriander, cumin & tumeric grilled and served on mixed salad | |
| JAPANESE STYLE STEAK SALAD | 21.0 |
| with thin sliced seared wagu, cucumber, rocket radish and ginger topped with sesame | |
| STEAMED BEANS AND BEEF SALAD | 18.5 |
| with potatoes walnuts and baby spinach | |
| CEASAR SALAD | 18.0 |
| with cos lettuce, crispy prosciutto, shaved parmesan, croutons poached egg and anchovies | |
| GRILLED HALOUMI AND ROAST VEG SALAD (v, gf) | 18.0 |
| BBQ LAMB | 21.0 |
| with dukkah spice spinach and chick pea salad | |
| VERMICELLI NOODLES | 18.0 |
| tossed with vegies tofu and sweet chilli sauce (vgn, gf) | |
| CHICKEN PARMIGIANA | 21.5 |
| served with steamed vegies and fries | |
| VIENNA SCHNITZEL | 21.5 |
| pan fried with steamed vegies fries and gravy | |
| ORANGE AND CARAMEL BBQ PORK RIBS | 22.5 |
| with traditional slaw and shoestring fries | |
| THAI VEGIE STIR FRY | 18.5 |
| steamed vegies wok fried with honey, ginger and soy stir fried with hokkien noodles (v) add beef strips or chicken breast | 3.0 |
| JUMBUCK | 24.0 |
| lamb backstrap fillets marinated in herbs and Manuka honey served on salad greens and tomato and avocado salsa | |
| CRUMBED LAMB CUTLETS | 21.9 |
| three cutlets with steamed veg, mash & gravy | |
| BLACK ANGUS SIRLOIN | 32.5 |
| 350 grams chargrilled with pink pepper sauce roast potatoes and green beans | |
| TRADITIONAL SPAGHETTI BOLOGNAISE | 19.0 |

*BLACKBOARD DAILY SPECIALS

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| CHECK OUR DAILY PASTA, RISOTTO AND SPECIALS | from 19.9 |
| MARKET FISH OF THE DAY | from 29.9 |

SIDES

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| BREADS: WHOLEMEAL, WHITE, SOURDOUGH, ITALIAN, GLUTEN FREE, GRISSINI | 5.5 |
| GRILLED HERB OR GARLIC OR MIXED TAPENADE | 8.0 |
| SHOESTRING FRIES with garlic aioli..... | 8.5 |
| STEAMED RICE | 7.5 |
| STEAMED VEGIES OR GARDEN SALAD | 8.5 |
| GREEK SALAD | 11.0 |

SWEET THINGS

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| STICKY DATE PUDDING | 9.9 |
| made in-house so is our apple and rhubarb crumble still big favourites recommended with ice cream and fresh cream..... | add 2.0 |
| HOT PANCAKES | 14.5 |
| served with ice cream and Canadian maple syrup | |
| LEMON AND SUGAR CREPES DUSTED WITH ICING SUGAR | 14.5 |
| SEASONAL FRUIT PLATE | 9.9 |
| NORGEN VASS VANILLA ICE CREAM BOWL | 9.0 7.0 |
| with fresh cut strawberries or topping | |
| THICK CUT BANANA BREAD | 7.0 |
| served warm with butter or with mascarpone | 8.5 |
| GREAT CAKES ON DISPLAY | 9.5 |
| from ask for our cake menu served with cream or ice cream | add 1.0 |
| HOT HOUSEMADE SCONE | 6.5 |
| served with butter jam and cream with pot of English tea | |

(v) vegetarian • (vgn) vegan • (gf) gluten free

* Please inform your waiter prior to ordering of any food allergies.

SHAKES ~ HOT OR COLD

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| CLASSICS: choc, vanilla, caramel, strawberry, banana, lime..... | 6.5 |
| salted caramel and popcorn or, mango and passionfruit | 7.5 |
| not thick enough? more ice cream..... | 2.0 |
| MEGASHAKE 750ML | 11.9 |
| stein jug with loads ice cream topped with marshmallows good to share | |
| ICED CHOC CARAMEL COFFEE OR MOCCA | 7.5 |

SMOOTHIE BAR

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| MORNING BLISS | 8.0 |
| banana, honey wheat germ, mixed berry crushed ice & coconut milk (vgn) | |
| GREEN SMOOTHIE | 8.0 |
| avocado, banana, banana, coconut water, honey and pepitas on top | |
| PBS | |
| peanut butter banana, almond milk, honey..... | 8.0 |
| make your own | 8.0 |

JUICE BAR

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| MY CAFE RAW COCONUT WATER | 7.0 |
| REFRESHER | 7.0 |
| orange, pineapple, watermelon and mint | |
| DETOX | 8.0 |
| beetroot, carrot apple and ginger | |
| GREEN POWER UP | |
| kale, cucumber, apple and celery..... | 7.0 |
| make your own | 7.0 |

COLD DRINKS

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| SAN PELLEGRINO ITALIAN SPARKLING MINERAL WATER | 250ml 4.9 |
| 500ml 7.9 | |
| CHINOTTO, LEMONATA OR BLOOD ORANGE | 4.9 |
| COKE, DIET COKE, ZERO, SQUASH, SPRITE, SODA | 4.9 |
| OLD FASHIONED SPIDERS | 6.9 |
| coke, lemonade, lemon squash, lime | |
| RED BERRY SHAKE | 8.5 |
| strawberries, raspberries, pineapple and lime | |
| LIPTONS ICED TEA | 6.0 |
| green, lemon or peach | |
| LEMON LIME AND BITTERS | 6.0 |
| FRAPPE | 7.5 |
| greek style with crushed ice espresso, vanilla essence, splash of milk | |

HOT DRINKS

| COFFEE | cup | mug |
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| ESPRESSO | 4.0 | |
| MACCHIATO | 4.0 | |
| RISTRETTO | 4.0 | |
| PICCOLO | 4.0 | |
| AFFOGATO | 5.9 | |
| VIENNA | 4.9 | |
| CAPPUCCINO | 4.0 | 4.5 |
| LATTE | 4.0 | 4.5 |
| FLAT WHITE | 4.0 | 4.5 |
| LONG BLACK | 4.0 | 4.5 |
| MOCCA | 4.0 | 4.5 |
| CHAI LATTE | 5.9 | |
| decaf, extra shot, soy, almond or lactose free, flavours extras..... | | 0.5 |
| hazelnut, vanilla, caramel, Irish cream, marshmallows | | |
| BELGIAN HOT CHOCOLATE MILK OR WHITE | glass | 4.5 |
| or premium dark hot choc | glass | 4.5 |
| LIQUEUR COFFEE | | 8.5 |
| Baileys, Kahlua, Tia Maria, Sambuca, Frangelico, Irish whiskey | | |
| ORGANIC LOOSE LEAF TEA | | 5.5 |
| English breakfast, green, chamomile, lemon blossom, spiced chai, peppermint | | |
| PENELOPE SACHS RANGE ORGANIC HERBAL TEAS | | 6.5 |
| Petal for stress and relaxation lemongrass, lavender, red clover, rosehip, rose petals | | |
| Apres superb after dining, premium chamomile taste, delicate and light. Chamomile, peppermint, spearmint, aniseed and fennel | | |
| Berry rich warm and invigorating with a non-alcoholic red wine flavour hawthorn berry, elderberry and juniper berry | | |